



### Course of the 3 days of training

#### **Day 1 and 2 : management of soft tissues around natural teeth in the mandible and the maxilla**

- Training in micro-surgery
- Preoperative analysis of dental and gingival anatomy, decision making
- Reconstruction of the cemento-enamel junction to the composite
- Procedure for sealing contact points for anchoring sutures
- Focus on suturing techniques, including the “Belt & Suspenders” technique
- Surgical procedures:
  - Connective tissue harvesting for periodontal plastic surgery:
    - Palatal harvesting by different techniques
    - Tuberosity harvesting by different techniques
    - Protection of harvesting sites
  - The tunneling technique
  - Tissue displacement backed by tunneling o Grafts attached to tunneling:
    - Exposed grafts
    - Submerged grafts:
      - Submerged grafts with conventional grafts
      - Submerged grafts with micro-grafts
- Development of a treatment timeline
- Management of complications
- Brainstorming complex cases

### **Day 3 : management of soft tissue around implants**

- Preoperative analysis and decision making
- Connective tissue harvesting for periodontal plastic surgery :
  - o Palatal harvesting by different techniques
  - o Tuberosity harvesting by different techniques
  - o Protection of harvesting sites
- Adaptation of pocket and tunnel techniques to implantology
  - o Extraction cell management
  - o Extraction immediate implantation
  - o Post-prosthetic management, manage peri-implant volumes over time
- Other essential surgical techniques in implantology
  - o Creation of keratinized tissue
    - Vestibular deepening and creation of keratinized tissue without graft
    - Free "epithelio-conjunctiva" graft on edentulous ridge
  - o Increased biotype
    - Flap with connective tissue graft
    - Rolled palatal flap
    - Rotation shreds
  - o Preservation and augmentation of papillas
    - Incision traces
    - Rotational micro-flaps
- Development of a treatment timeline
- Management of complications
- Brainstorming complex cases

### **Educational materials and working models**

A theoretical course, illustrated with photos and videos, serves as a common thread and allows the practical work to be contextualized. Each concept, method, or technique discussed is immediately implemented on the different work models. Learnings are given on several different models.

### **Meals and snacks**

The cost of the training includes morning and afternoon snacks as well as lunches.

## **Schedule**

The training is very dense, we recommend that you arrive rested! Each day will begin precisely at 9:00 a.m. For everyone's convenience, we thank you in advance for your punctuality. We ask you to arrive around 8:30 am to meet around a coffee and pastries.

The first two days of training are likely to end between 6 and 7 p.m. depending on how quickly the group performs the exercises.

The last day may end earlier, for those who wish, from 5 p.m., in order to allow an early departure of participants who have to take a train or plane.

## **Recommendations, prepare the course**

From a practical point of view, we provide everything that is essential for the training: working models, micro-surgical instruments, sutures, operating loupes... However, we strongly recommend you to come with your own loupes/light (2.5 to 4.5 times magnification is ideal) and with your own micro-surgery cassette. It is indeed with these devices that you will work the day after this training, as well as break in your gestures directly with them. We also recommend that you have read the book Tunneling so that you already have an idea of the treatment philosophy and the surgical concepts that will be covered. This way, you will benefit even more from the practical work.

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